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# PBS Amber Sessions from Redstone

PBS Amber Sessions are a targeted support service for families, schools, and organisations supporting people who are at risk of presenting with behaviours of concern. They are ideal for organisations or families that do not require full-time practitioner support.

#### What is An Amber Session

A PBS Amber session is a 50-minute video call with an experienced PBS professional. Sessions are aimed at services, schools or families who are struggling with behaviours of concern presented by a person with additional needs.

The sessions are led by experienced Positive Behaviour Support (PBS) professionals and are designed to provide expert guidance in situations where risks to the individual or others are low. Our PBS professionals are accredited behaviour analysts, certified by the UK Board for Behaviour Analysts, with experience in working with both children and adults.

# **How Does An Amber Session Work?**

When you make contact with us, we will ask you to complete basic information about why you are asking for support as well as information needed for you to make a payment for the session. Once this has been completed, we will email you with a booking link so that you can book a time with us that is convenient for you. Our consultant will ask you to outline the main issue that you are looking to discuss.

We can provide advice and support around understanding and meeting a person's needs, helping to reduce behaviours of concern and increase quality of life.

Once we have completed the session, we will email you a summary of the discussion and suggested actions, so you have a record.

Please note that we can only offer Amber Sessions for those individuals who do not present with behaviours that lead to significant risk of harm to themselves or others.

# **Consider Consent**

The Amber Sessions are usually for people who cannot ask for support themselves, who do not have the capacity to consent to the consultation occurring. We will ask you about this at the beginning of the Amber Session.

# **Booking Sessions**

You can book individual sessions, but we recommend at least three sessions so that we can understand the issues, suggest actions and review the impact of those actions. There is no time limit on when sessions can be booked.

# Cost

An Amber session is £85.00. We offer a discount for booking more than three sessions.

Amber sessions are a practical solution for addressing behaviours of concern and improving quality of life, all while providing a flexible and affordable support option. For more information or to book a PBS Amber Session, please reach call 0161 327 4155 or email info@redstonepbs.co.uk