



Redstone
Positive Behavioural Support

CPD
CERTIFIED
The CPD Certification Service

£5380 FOR GROUPS OF 6

PBS Coaching in Practice Programme

Level 2 PBS – Four Workshop Days

Plus three mentoring sessions



Leadership and coaching are essential when establishing consistent and effective PBS skills within a supported living or residential service.

This programme supports the practice leadership role by providing an audit for team leaders to assess the capability of their teams and a tool kit to aid coaching those skills. On completion of the programme, six one-hour online mentoring sessions are provided.



Target Audience

Service managers of teams, team leaders, senior support workers, PBS practitioners, PBS leads.



Programme Contents

- Definition and context of PBS
- Key elements of PBS, Quality of life & 'Capable Environments'
- PBS Toolkit: assessments of service capability and needs of people supported
- Functional behaviour assessment and how to contribute to this process
- Key PBS interventions: Ways to increase service capability & meet support needs
- Active Support as a key intervention
- Guidance for creating quality PBS plans
- Practice Leadership: motivating staff and using key coaching techniques
- Supporting staff well-being: models of stress and incident debrief
- Service based project using tools and interventions from the programme



Learning Outcomes

Through completion of the course, delegates will be able:

- To apply their knowledge of PBS and confidently communicate essential information to those they lead or manage
- To use and analyse a range of assessment tools and checklists
- To describe interventions which increase quality of life through the development of capable environments
- To demonstrate and lead interventions that increase the capability of their service to meet the needs of those people supported
- To develop and write clear PBS plans for staff teams to follow and evaluate the quality of PBS plans
- To explain the role of functional behaviour assessment and to ensure that they and their teams can present appropriate information for this assessment
- To create a clear action plan for developing and embedding PBS in their service
- To define the practice leadership role and demonstrate competence in the use of specific coaching skills
- To discuss the impact of stress on staff wellbeing and be able to identify signs of stress and burnout in their teams

Following this programme, participants can do an additional training day which enables them to train the Introduction to Positive Behavioural Support one day workshop. The cost of this including the training day and the licence for materials at £2,220.00

To find out more about our PBS Coaching in Practice Programme and how Redstone can help your team contact us

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