

Prevent- Teach- Reinforce

A Model of Positive Behaviour Support

Positive behaviour Support (PBS) is an approach to supporting people who may be at risk of presenting with behaviours that challenge.



The focus is on the individual and their needs being at the centre of any plans and interventions that are put into place.

Interventions are considered successful when they lead to skill development or enhancement of positive social interactions as well as a reduction in behaviours that challenge.

The main aim of PBS is to increase an individual's quality of life and skills and in doing so reduce behaviours that challenge.

The Prevent Teach Reinforce (PTR) Model

The Prevent Teach Reinforce model of PBS has been specifically designed for schools by experienced professionals in the US and is an evidence based approach. It is a standardised and individualised approach to understanding why a behaviour occurs and planning specific interventions.

Five Step Process to PTR

- 1. The Team:** A key element to this approach is the forming of a team who will be involved in the assessment and intervention process. This needs to include the people who is responsible for the intervention and invested in the well-being of the student. It must include the teacher and any other teaching or support staff who spend time with the student. It must also include someone who is knowledgeable about behavioural approaches, PBS, functional behaviour assessment and function based interventions. It is also desirable to have a parent or carer.
- 2. Goal Setting:** the team need to develop clear short and long term goals for the student, these may already be identified from an IEP or EHCP. The collection of

